

VALLEY PLAZA FITNESS CLASS SCHEDULE

MONDAY



Leticia 9 - 10 AM



Gabe 5:30 - 6:30 PM



James 6 - 7 PM

TUESDAY



Susana 9 - 10 AM



Ana 5:30 - 6:30 PM



Marcelle 7 - 8 PM

WEDNESDAY



Blanca 9 - 10 AM



Erika 5:30 - 6:30 PM



James 6 - 7 PM

THURSDAY



Susana 9 - 10 AM



Leticia 10 - 11 AM



Ana 5:30 - 6:30 PM



Marcelle 7 - 8 PM

FRIDAY



Ana 9 - 10 AM



James 6 - 7 PM